

ECF Institute of Skills and Entrepreneurship Development

Knowledge Partner of “Holistic Healing & Research Centre”

Spiritual Certificate Courses

Note: Classes will be conducted on Saturday & Sunday, 9am to 6pm.

Sr. No.	Name of the Program	Duration	Eligibility	Medium of Language
1	Emotional Freedom (EFT) Technique -Basic	2 days	18 years and above	English/ Marathi and Hindi
2	Emotional Freedom Technique – (EFT) Advance	2 days	EFT Basic certified	English/ Marathi and Hindi
3	Stress Management and Relaxation Techniques	2 days	18 years and above	English/ Marathi and Hindi
4	Creative Visualization	2 days	18 years and above	English
5	Sub - conscious Programming for Abundance	2days	18 years and above	English
6	Metaphysical causes of Diseases and Thymus Gland activation	1 day	18 years and above	English
7	Basic Angel Therapy	2 days	18 years and above	English
8	Divine Transmutation	1 day	21 years and above	English
9	Spiritual Life Skills <ul style="list-style-type: none">• Salt Remedy• Water Programming• The Power of Breath• Hooponopno• The sleep Secret• Tratak• Self Esteem Building	2 days	18 years and above	English